



## First Aid Policy

### KEY FACTS:

- ❖ To ensure that we promote the good health of all the children in our care.
- ❖ First aid can save lives and prevent minor injuries become major ones
- ❖ Soccer Shooters will ensure that there are adequate facilities and appropriate equipment for providing first aid in the workplace, including for visitors, as well as for the age of children.
- ❖ Minimum first aid provision is a suitably stocked first aid container, an appointed person to take charge of first aid arrangements, for information for employees on first-aid arrangements, as well as adequately trained and experienced staff.
- ❖ This minimum provision is supplemented with a first aid needs assessment to identify any additional requirements specific to the school, to record the findings and to introduce measures to manage any risks.
- ❖ First aid provision must be available at all times whilst children are on the school premises and including school visits off site.
- ❖ Our school, staff and others have a duty to safeguard and promote the welfare of children.

## **1 Policy Overview**

1.1 The definition of First aid is as follows:

- In cases where a person will need help from a medical practitioner or nurse, treatment for the purpose of preserving life and minimising the consequences of injury and illness until help is obtained; and,
- Treatment of minor injuries which would otherwise receive no treatment, or which do not need treatment by a medical practitioner or nurse.

1.2 All safeguarding and child protection policy guidelines must be adhered to both on and off the site, when first aid is administered.

1.3 The responsibility for drawing up and implementing the First aid policy is delegated to the Head of Soccer Shooters, including informing staff and parents. However, implementation remains the responsibility of all staff in our sessions in order to keep children healthy, safeguarded and protected whenever they are in our care.

## **2 Current Procedure**

2.1 All coaches must have a First aid kit on hand for all sessions.

2.2 Every football coach in attendance has their FA First Aid qualification in place and have recertified within 3 years.

- 2.3 Our risk assessment includes consideration of children and staff with specific conditions and major illnesses, such as asthma and epilepsy. Primary coach has access to children's medical conditions. We also ask to be notified of any allergies specifically, nut and bee sting to ensure we are aware of a reaction caused and understand steps to take.
- 2.4 EpiPen's, asthma inhalers must be provided to coaches on arrival to ensure this can be available and administered if necessary.
- 2.5 For all emergencies staff must immediately call 999 and follow First Aid protocols and procedures as recommended by the FA.
- 2.6 If a child is injured, if possible inform the, Parent, School or club representative at the time. This maybe the team manager or school office.
- 2.7 If a child has been injured in a non-emergency capacity and you have not been able to inform a representative as defined above, then ensure you pass on the information of injury to the person that is picking up the child. If possible write a note for the parent with a brief summary of incident.
- 2.8 We keep a log of accidents and injuries for 3 years.
- 2.9 Due to the nature of sporting activities, minor bumps and bruises are a common occurrence. Soccer Shooters will not accept responsibility for personal injury unless it is due to coaches and staff negligence. It is important children are dressed appropriately for the activity and the weather.
- 2.10 For All injuries deemed something that would affect the child post the session ending, please inform Soccer shooters as soon as possible by emailing : [Info@soccershooters.com](mailto:Info@soccershooters.com)
  - In this email please detail who the child was, what happened, medical attention and care were taken at the time, and who has been informed.
  - Soccer Shooters will inform Ofsted as appropriate with regard injuries sustained.

### **3 First Aid Training**

- 3.1 We carefully consider, and review annually, the training needs of our staff to ensure that suitable staff are trained and experienced to carry out first aid duties in our school. In particular, we consider the following skills and experiences:-
  - Reliability, communication and disposition,
  - Aptitude and ability to absorb new knowledge and learn new skills,
  - Ability to cope with stressful and physically demanding emergency procedures,
  - Normal duties are such that they may be left to go immediately and rapidly to an emergency.
- 3.2 Training will be updated every three years and will not be allowed to expire before retraining has been achieved.
- 3.3 The need for ongoing refresher training for any staff will be carefully reviewed each year to ensure staff basic skills are up-to-date, although we are aware that this is not mandatory.
- 3.4 The Operations Manager is responsible for looking after first aid equipment and replenishing it.

### **4 First Aid Box**

- 4.1 Contents of first aid box will be kept up to the standard FA guidelines and will always be accessible to all coaches.
- 4.2 Our first aid boxes are kept in the following places: Redland Green Store Cupboard.
- 4.3 First aiders take careful precautions to avoid the risk of infection by covering cuts and grazes with a waterproof dressing, wearing suitable gloves, using suitable eye protection and aprons where splashing may occur, use devices such as face shields when giving mouth to mouth resuscitation, wash hands after every procedure.

## **5 Monitoring and Evaluation**

- 5.1 Our company's senior leadership team will review on an annual basis.

